



Treasure Valley Catholic Schools Activity Philosophy

The Treasure Valley Catholic Schools (TVCS) are committed to providing a well-rounded education experience, including sports and activities, to enrich the whole student, encourage new activities and foster the development of talents and skills, both physically and socially. TVCS is providing activities for students to realize and utilize their God-given talents while fostering a strong community which includes all of the Catholic schools in the Treasure Valley. TVCS is a unique opportunity to play, practice and participate in activities with students from other Catholic schools in the area while competing against other middle schools in the InterValley League, ([Handbook](#)).

There are many benefits to students who choose to participate in extracurricular activities. Students who participate in TVCS extracurricular activities:

- Improve their academic performance and develop a broader understanding and appreciation of school
- Explore current interests and discover other interests students did not know existed
- Develop higher self-esteem
- Foster positive social relationships with others attending TVCS member schools
- Allows for the development of skills beyond academics
- Develop essential life skills such as teamwork, time management, goal setting, problem solving, and persistence
- Physical activity benefits one's mental health

TVCS is a positive collection of activities and sports meant to enrich our students and encourage the development of the whole student.

Member Schools

St. Joseph's
St. Mary's
St. Mark's

Sacred Heart
St. Paul's
St. Ignatius

Treasure Valley Catholic School Offerings

These are the current and possible future activities offered by TVCS. The activities may change based on interest, available facilities and coach availability.

Fall

- Cross Country –Sixth, Seventh and Eighth Grade - Coed
- Football – Seventh and Eighth Grade - Boys
- Volleyball – Seventh and Eighth Grade - Girls
- Cheer - Sixth, Seventh and Eighth Grade - Coed

Winter

- Basketball – (Early Winter) Seventh and Eighth Grade - Girls A, B and C teams
- Wrestling – Sixth, Seventh and Eighth Grade - Coed
- Basketball – (Late Winter) Seventh and Eighth Grade - Boys A, B and C teams
- Ski - Club Sport - Sixth, Seventh and Eighth Grade - Coed

Spring

- Tennis – Sixth, Seventh and Eighth Grade - Coed
- Track – Sixth, Seventh and Eighth Grade - Coed
- Golf –Sixth, Seventh and Eighth Grade - Coed
- Lacrosse - Club Sport - Sixth, Seventh and Eighth Grade - Boys and Girls

Future Possibilities

- Drama - Sixth, Seventh and Eighth - Coed
- Choir - Sixth, Seventh and Eighth - Coed
- Quiz Bowl - Sixth, Seventh and Eighth - Coed
- Ultimate Frisbee - Sixth, Seventh and Eighth - Coed
- Band - Sixth, Seventh and Eighth - Coed

Treasure Valley Catholic School Objectives

- Participants will conduct themselves in a respectful manner, demonstrating Christian behaviors and attitudes at practices, at games, and at all other times.
- Practices are designed to promote the individual and the team in the development of skills and the understanding of team strategies and goals
- All participants will be engaged and included in training and competition.
- Sportsmanship, self-discipline and proper behavior will be emphasized and developed by every participant.
- Participants will conduct themselves in behavior and appearance consistent with the Code of Conduct of the TVCS member schools.
- Coaches and moderators will create a positive environment where participants feel challenged, but capable of personal development and growth.
- Sportsmanship will be taught and emphasized at all times. Participants are expected to be respectful and courteous to coaches, officials, and opponents and work with teammates in harmonious ways.

Evaluation of these objectives by the coach, school athletic director and principal should be an on-going process. It is their responsibility to make certain that all activities are conducted according to the TVCS objectives.

TVCS Policies and Procedures

Activity Participation

All students in sixth through eighth grade that are in good standing behaviorally and academically are encouraged to participate. Participants must remain in good standing with their school during the season in order to remain eligible to participate.

Registration

Parents/Guardians can register their student to participate through the registration portal on the [TVCS website](#). Families are able to register their students for one or more activities at any time during the year.

Cost to Participate

Each activity has a cost to participate. Fees are due at the time of registration. If a family is unable to pay the full amount or would prefer to make arrangements to pay in installments, please contact the TVCS athletic director.

Practices and Participation

Participants are expected to attend practices in order to participate. Participants are required to attend 10 practices before they are eligible to play in their first game. If a participant is unable to attend practice, they need to proactively communicate with the coach.

Since TVCS does not have a central location, practices and competitions may be at a variety of locations. Home games are typically conducted at the following:

Volleyball - St. Ignatius
Football - Bishop Kelly
Basketball - St. Ignatius
Ski - Bogus Basin
Lacrosse - Ann Morrison
Track - Bishop Kelly
Tennis - Julia Davis
Wrestling - St. Joseph's and/or Bishop Kelly

All other sports and activities vary on location

Practice times and locations will be communicated by the coach up to a week in advance. If the venue changes, coaches will communicate with as much notice as possible.

Sportsmanship

Sportsmanship is essential at all TVCS events. Proper behavior and language is expected from TVCS coaches, participants, families, and fans. Anyone not adhering to expected sportsmanship standards will be addressed including being removed from any contest and/or asked to no longer attend activities.

All schools will comply with the Idaho High School Activities Association Sportsmanship Guidelines Manual.

Sportsmanship as defined by the Idaho High School Activities Association is those qualities of behavior that are characterized by generosity and genuine concern for others. Further, an awareness is expected of the impact of an individual's influence on other's behavior as well. Sportsmanship should be exhibited by coaches, athletes, and spectators.

Player/Coach Ejection Protocol

If a player or coach is ejected from the game, match or meet they will not be allowed to play or coach in the next scheduled contest.

- Suspended athletes may practice.
- Suspended athletes must attend the contest dressed in street clothes with the team.
- Suspended coaches may conduct practice.
- Suspended coaches must not be in the proximity of the team during the contest from which the coach is suspended.
- An ejected coach may appeal the ejection to the District Athletic Director.

Two Sport Participation

TVCS will allow students to participate in two sports during the same season . Sports which run concurrently are: volleyball, football and cross country, and basketball and wrestling during the winter; and, tennis and track in the spring. In order to minimize conflicts, the following guidelines and procedures have been adopted:

- The student must maintain their good standing behaviorally and academically
- The student must receive permission from the coaches of both sports.
- The student must work with both coaches to establish an acceptable practice schedule.
- If a conflict arises over practices, contests or other issues, the TVCS Athletic Director will be notified to help resolve the conflict. It is possible, the student may be asked to choose one sport.

Non-TVCS Athletic Participation

The district allows athletes to participate in non-school athletic programs provided parents and athletes are aware of and agree to specific rules or guidelines that have been established to minimize participation conflicts. Because of the ever-increasing conflict between junior high school sports and non-school athletic programs, it has become apparent that specific rules or guidelines need to be established to minimize conflicts.

In order to foster better relations and communications with student-athletes, parents, and adults who are involved with "non-school sports" such as, but not limited to, soccer, baseball, basketball and hunting, the following procedures have been established at each junior high school.

- Parents and/or participants need to communicate with the TVCS coach, before the actual season starts, any potential conflicts between sports.
- For participants who are involved in the sports in junior high, the following rules will apply:
 - If an athlete misses two contests the junior high coach may remove the individual from the team
 - If an athlete misses one practice the junior high coach has the option of not starting or playing that individual in the next contest
 - If the athlete misses three practices in a season, the junior high coach may remove the individual from the team

If a participant is going to be in continual conflict as set forth by the previous rules, that individual will be encouraged to make a choice between one sport or the other.

For the sake of the student athletes there should be continued communication between participants, the parents, and the TVCS coaches.

Compliance with Idaho High School Activities Association (IHSAA)

All Idaho High Schools Activities Association rules, policies and procedures will be followed concerning activities participation.

Procedure for Early Release

During the season, the TVCS athletic director will share the game schedule for the upcoming week. Given the various locations of TVCS member schools, each school will determine the appropriate release time based on the coaches needing to have players at the competition location 30-45 minutes early.

It is the intention of each TVCS member to minimize lost instruction time while respecting the participants contribution to the team.

The student is responsible for any missed assignments due to early release.

Severe Weather and Condition

TVCS will work in coordination with our schools and league members to conduct competitions in safe environments. Occasionally, natural forces prevent practices or competitions from taking place. The conditions included, but are not limited to:

- Thunderstorms
- Air quality - Smoke and inversion
- Extreme snow impacting transportation

In the event of practice or game cancellation, the coach will communicate directly with the parents and/or participants as soon as possible.

Schedule Changes

Game and practice schedules and locations may occasionally change due to unforeseen circumstances. In the event of a change, the coach will communicate directly with the parents and/or participants as soon as possible.

TVCS Athletic Director

Objective:

Provide for overall leadership, coordination of the various sports and activities to enrich the whole-child.

Qualifications

- Valid Idaho teacher certification
- Employed as an administrator/teacher in a member school
- Previous experience as a coach is desirable
- Has knowledge of the overall operation of an athletic program.

Responsible to: Superintendent of Catholic Education

Duties and Responsibilities:

- Hire and evaluate coaches and moderators for activities
- Responsible for carrying out the athletic policies established by the building principals and league officials
- Coordinate supervision of the activities hosted by TVCS
- Responsible for setting up facilities and securing personnel for game and meet management
- Coordinate with representatives from various locations to make sure facilities are prepared and ready for use
- Responsible for explaining and promoting the athletic program to: students, faculty, administrators, families
- Responsible for the coordination and planning of athletic budgets
- Provide for the cleaning, repairing, and storing of all athletic equipment and maintain a perpetual inventory of all equipment. Maintain a record of current and past purchases
- Work with coaches and principals dealing with discipline concerning activities
- Work with the scheduling committee and other athletic directors in the scheduling of activities and competitions
- Conduct regular coaches' meetings and any additional meetings with coaches as needed
- Provide a mechanism to collect necessary forms including insurance, physical, and release of liability
- Work to develop a cohesive environment within TVCS member schools
- Require that all coaches follow the proper hiring process and complete necessary background checks
- Maintain records and inform their coaching staff of their current first aid and concussion status
- Responsible for conducting coaches' evaluations.
- Coordinate the use of all activity facilities
- Coordinate with the high school athletic director and high school activity moderators and coaches as necessary

TVCS Principal

Objective:

Provide for supportive leadership in cooperation with the TVCS Athletic Director to provide and encourage student-centered activities to promote the development of the whole child.

Duties and Responsibilities:

- Provide guidance and assistance to athletic policies for TVCS
- Coordinate supervision of the activities hosted by TVCS
- Assist and provide supervision of TVCS activities
- Responsible for explaining and promoting the athletic program to: students, faculty, and families
- Responsible for the coordination and planning of athletic budgets
- Work with coaches and TVCS Athletic Director in dealing with discipline concerning activities
- Work to develop a cohesive environment within TVCS member schools
- Help to find and hire exceptional coaches and moderators for TVCS activities
- Assist when needed with the coordinate the use of all activity facilities

Head Coach/Moderator

Objective:

Ensure participants in their program receive instruction in the fundamental skills, strategies, and physical training required to achieve success individually and collectively. The instruction should include values and behaviors necessary to instill a sense of pride and team unity as well as self discipline and self confidence.

Qualifications:

Current first aid/CPR certification

Previous coaching experience and/or, knowledge and background in assigned activity

Responsible to: TVCS Athletic Director and Principals

Duties and Expectations:

- Conduct a pre-season information meeting for interested athletes
- Collect necessary eligibility and physical forms
- Accountable for issuing and collecting all equipment and uniforms
- Work in conjunction with the Athletic Director and principal on all disciplinary problems within their sports jurisdiction
- Develop sports specific safety plan
- Plan and organize safe and effective practice
- Work cooperatively with the Athletic Director setting up facilities and securing personnel for game and meet management
- Attend coaching classes required by the district.

Coaches' Responsibilities

- Continue professional growth by attending classes, clinics, workshops and affiliations with professional organizations
- Communicate with athletes, parents, and administrators program goals and objectives
- Honor parental medical excuses for limited participation
- All concerns about rules, policies, or procedures should be communicated to the TVCS Athletic Director
- Ensure that every team member in good standing participates in every regular season contest
- To ensure that all students have the necessary forms completed for student eligibility
- Be supportive of the administration and the established policies and procedures
- Teach and practice good sportsmanship toward opponents, officials, team members, and spectators
- Conduct oneself in a professional manner
- Afford students due process.

Injured Athletes

- Parents will be notified immediately.
- A coach or any responsible member of the school's personnel should stay in the presence of the student until a parent, guardian or medical personnel arrives.
- If the athlete requires attention beyond minor first aid, the Athletic Director will be notified immediately.

- Students receiving an injury that may warrant future professional medical care must be released to a parent/guardian or other qualified person through parental consent. Also, see TVCS Release/Participation form.

Team Supervision

- Be present at all practices and contests with the team.
- Remain at practice or contest until all athletes have left the athletic areas.
- Ensure appropriate team conduct at practices and contests
- Deferring player confrontations:
 - Coaches must instruct athletes to avoid both verbal and physical confrontation with members of the other teams
 - Coaches must inform team players that one of their teammates becomes involved in a physical confrontation; this action does not warrant all other players to become involved even under the guise of trying to break the confrontation up
 - The head coach must instruct his/her players that if a confrontation does occur on the field or court, he/she and the officials will separate individuals involved
 - The coach must forewarn all athletes that involvement in a physical confrontation could result in removal from the game that day and possible suspension from subsequent games.

Student Eligibility

In order to practice or play in competition the participant must adhere to the following. Final eligibility and participation will be left to the discretion of the participants' school administration.

Academics

Students must maintain a grade average of a 2.0 (C) or above in all subjects, with no failing grades, in order to be eligible for participation in school activities. Eligibility is reviewed during the season in which the student is participating. All TVCS policies are at the discretion of the school administrators.

Students may be removed from activities based on his or her cooperation with school rules and their conduct in class. Students may be removed from activities if he or she does not display a Christian attitude.

Attendance

If a student is sick and/or missed school they are not to attend practice or a game later that day.

Physical Examination

All participants must complete an annual physical exam to be eligible to participate.

Withdrawing from a Sport

If a student withdraws from a sport after the season has been in progress for two weeks or longer he/she may become ineligible to participate in a concurrent sport. Players will not be refunded fees after the first two weeks of the season.

Participant Code of Conduct

While attending school during regular hours or during school-sponsored activities, I agree to follow these basic rules, procedures and expectations:

- My first priority is to model Christ-like behaviors and actions. I am committed to behaving in a respectful manner to myself and others and holding others to this same standard.
- My next greatest priority is to learn. I will be a committed student before, during and after activity seasons.
- I will be in the assigned place with appropriate equipment and materials, ready to work at the designated time activities are scheduled. I understand there will be consequences for being tardy and/or unprepared.
- I will participate within the rules of the activity. I will never intentionally harm another participant and/or their property.
- I will use appropriate language and behavior at all times while maintaining friendly and courteous behavior.
- I will be polite and respectful to everyone including teammates, opposing players, coaches, officials, administrators, support staff and visitors.
- I will follow coach/moderator instructions, team rules and expectations at all times.
- I will not be a bully. If I see someone being bullied, I will intervene by telling them to stop or immediately report it to a coach or TVCS athletic director
- I will not be a distraction for others. I will give everyone the opportunity to maximize their potential. I will encourage my teammates and never put them down.

- I understand that school attendance is necessary if I want to participate in practices and contests.
- I understand that TVCS has a policy for prohibiting actions causing physical harm, verbally abusing others, or harassing others.

Parent Responsibilities

Parents play an important role in the development and success of student/athletes. Parents should know and understand the academic and behavior expectations of their children. Parents need to support the schools and coaches and hold their children accountable. Parents must demonstrate the expected conduct and demeanor which embodies the values of TVCS and its member schools.

Parent Code of Conduct

While attending school-sponsored activities, I agree to follow these basic rules, procedures and expectations:

- My first priority is to model Christ-like behaviors and actions. I am committed to behaving in a respectful manner to myself and others and holding others to this same standard.
- My next greatest priority is the education of our children. I will help my child be a committed student before, during and after activity seasons.
- I will help my child be in the assigned place with appropriate equipment and materials, ready to work at the designated time activities are scheduled. I will support any consequences from the coaches and team if my child is not on time and ready to participate.
- I will support the rules of the activity. I will never intentionally harm another participant and/or their property and I will not condone others attempting to do the same.
- I will use appropriate language and behavior at all times while maintaining friendly and courteous behavior.
- I will be polite and respectful to everyone including fans and parents in attendance, coaches, opposing players, opposing coaches, officials, administrators, support staff and visitors.
- I will follow coach/moderator instructions, team rules and expectations at all times.
- I will not be a bully. If I see someone being bullied, I will intervene by telling them to stop or immediately report it to a coach or TVCS athletic director.
- I will not be a distraction for others. I will give everyone the opportunity to maximize their potential. I will encourage my child and the other participants and never put them down.
- I understand that school attendance is necessary. If my child is not at school, I understand they may not be able to participate.
- I understand and support that TVCS has a policy for prohibiting actions causing physical harm, verbally abusing others, or harassing others.

Treasure Valley Catholic Schools

Dances

GUIDING PHILOSOPHY

The purpose of the TVCS dances is to create a safe, social environment for 7th & 8th grade students and to foster friendships across schools as jr. high students prepare to go to high school.

PLANNING

The following are recommendations for planning TVCS Dances:

- Dances are held approximately 6-9 times per year on Fridays from 7:00-9:00 pm.
- Each school hosts one dance per year.
- Dates are decided in the spring or summer prior to the school year and shared with all TVCS Jr. High families through each school.
- One principal takes the responsibility of scheduling the DJ for the year.
- Each school should send at least two chaperones to each dance. At least one chaperone should be a staff member.
- Each school should maintain a file of signed TVCS dance permission forms for the year. This file should travel with a chaperone to the site of each dance.

HOST SCHOOL

The responsibilities of the host school are as follows:

- Share a flier with TVCS schools approximately one month prior to the dance. The flier should include the date, location, time, and theme (if applicable) of the dance, along with directions for students to bring their photo ID, canned food items, and \$5 for admission.
 - Confirm the DJ has been scheduled. Arrange for DJ to arrive 30 minutes prior to the start time of the dance.
 - Coordinate with student council/leadership (if applicable) for dance decorations and refreshments.
 - Ensure at least one administrator is present at the dance (this is almost always the host principal)
 - Ensure there is access to first aid.
 - Coordinate clean up (this is not a requirement of visiting chaperones).
 - Communicate with visiting chaperones the emergency procedures at your school.
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CHAPERONES

All Chaperones should be aware of the following chaperone guidelines:

- Each school should send two chaperones. At least one chaperone should be a staff member.
- Familiarize themselves with the TVCS Dance Guidelines
- Arrive 15 minutes prior to the dance start time and check in with the host school admin.
- One chaperone from each school (ideally a staff member) is responsible for checking in students from their school. Students should only be admitted if:
 - They are a TVCS student with ID
 - (if no ID, a staff member from that school must verbally identify the student)
 - They are in proper dress code (see guidelines)
 - They have a signed TVCS dance permission form on site
 - They bring the admissions requirement (canned food & \$5 unless otherwise noted)
- Chaperones should move about the dance and ensure students are following expectations.
- Confiscate cell phones upon first sight and only return to a parent or adult.
- Communicate with your school administrator if students from your school are not following TVCS dance guidelines.
- Ensure students from your school have been picked up.

TVCS DANCE GUIDELINES

(signed and on site for each student in attendance)

- Only current Catholic School students in good standing in accordance with your schools eligibility requirements are invited to attend TVCS dances.
- Students will show a school identification card to get into the dance. If a student does not have an ID, they will provide a note from their school principal on the school letterhead.
- Attire: Girls and boys will attend TVCS dances wearing modest, clean clothing without holes or tears. Clothing must be free of wording and illustrations which might promote drugs, alcohol, or establishments that sell them.
 - Girls skirts or shorts may not be more than three inches above the knee (with or without leggings)
 - No leggings, tights, or yoga pants , without covering with a skirt or pair of shorts.
 - No spaghetti straps, tank tops, or sleeveless shirts.
 - No hats or ball caps
- Cell phones should not be visible at the dance. If a chaperone sees a cell phone, it will be confiscated for the remainder of the dance, and will be given back at the end of the evening.
- “Dirty dancing” or suggestive dancing will not be tolerated.
- Neither students nor parents should be taking pictures during the dance. Pictures are fun and can be taken before you get to the event, but we do not allow pictures during these events. Thank you!
- Any activity or behavior determined to be inappropriate for a school event may be grounds for removal from the dance. The student's principal will also be notified of the incident.
- Students who do not follow these guidelines and are removed from the dance for any reason will:
 - Call parents to pick them up
 - Be referred to the home schools principal
 - Possibly not be allowed to attend future dances
- Follow directions of all adult chaperones at the dance.
- Parents are responsible for ensuring their child is picked up promptly at the end of the dance.

Student

Date

Parent/Guardian

Date